

I-SHOU UNIVERSITY Department of Nutrition 4-Year Curriculum for Students Admitted in Academic Year 2025

Category	Freshman Year(2025)	Sophomore Year(2026)
GE core courses: required (18 credits)	A93A34 Academic English [2]1st A93A35 Professional English [2]2nd A93A29 Secret Codes in Intelligent Technologies [2]1st A93A21 Civic Literacy in the Era of Globalization [2]2nd A93A22 Chinese Literature 1.0- Reading, Narration and communication [2]2nd	A93A28 Codes in Health and Medicine [2]2nd A93A20 Programming [2]1st A93A23 Chinese Literature 2.0- Critical thinking and creativity in writing [2]1st A93A15 Physical Education (I) [1]1st A93A16 Physical Education (II) [1]2nd
College-required courses (3 credits)	A84E01 Introduction to fundamental medicine [1]1st	A84709 Basic Physiology [2]1st
College-electives	A84715 Religion and Health Care	A84717 Social Environment,Culture and Health Behavior A84718 Artistic Crafts for Health Promotion Program Design

Category	Freshman Year(2025)	Sophomore Year(2026)	Junior Year(2027)	Senior Year(2028)
Department-required courses (76 credits)	A43137 General Biology [1]1st A43133 Food Fundamentals [2]1st A43139 Introduction to Nutrition Sciences [1]1st A43140 Nutrition Career Exploration [1]1st A43132 General Chemistry Lab. [1]1st A43125 Food Fundamentals Lab. [1]1st A43123 General Chemistry [2]1st A43245 Working Capability and Occupational Ethics [2]1st A43138 Organic Chemistry [2]2nd A43211 Nutrition (I) [2]2nd A43237 Nutrition Lab.(I) [1]2nd A43243 Biostatistics [2]2nd	A43126 Analytical Chemistry [2]1st A43232 Biochemistry(I) [2]1st A43217 Nutrition(II) [2]1st A43240 Food Analysis [2]1st A43213 Biochemistry Lab. (I) [1]1st A43238 Nutrition Lab.(II) [1]1st A43241 Food Analysis Lab. [1]1st A43183 Advanced Physiology [2]2nd A43131 Physiology Lab. [1]2nd A43234 Biochemistry(II) [2]2nd A43221 Diet Design and Management [2]2nd A43301 Food Chemistry [3]2nd A43220 Biochemistry Lab. (II) [1]2nd A43222 Diet Design and Management Lab. [1]2nd A43316 Food Chemistry Lab. [1]2nd	A43303 Therapeutic Nutrition (I) [2]1st A43324 Nutritional Assessment [2]1st A43328 Nutrition Counseling and Education [2]1st A43337 Nutritional Biochemistry [3]1st A43405 Quantity Food Preparation and Management [2]1st A43304 Therapeutic Nutrition Lab. (I) [1]1st A43406 Quantity Food Preparation and Management Lab. [1]1st A43335 Basic Practice of Nutrition(I) [1]1st A43310 Therapeutic Nutrition (II) [2]2nd A43333 Food Hygiene and Safety [2]2nd A43309 Nutrition in the Life Span [3]2nd A43334 Food Microbiology [2]2nd A43409 Public Health Nutrition [2]2nd A43412 Seminar(I) [2]2nd A43311 Therapeutic Nutrition Lab. (II) [1]2nd A43331 Food Microbiology Lab. [1]2nd A43336 Basic Practice of Nutrition(II) [1]2nd	A43416 Nutrition and Immunology [2]1st A43413 Seminar(II) [2]2nd A43777 English Proficiency Enhancement [0]
Departmental electives (17 credits)	A43178 Food and Hospitality Industry Trends [2] A43182 Introduction to Healthy Diet and Catering [2] A43184 International Health Issues [2] A43189 Medical Nutrition Video Production [2]	A43469 Health Food [2] A43389 Geriatric Nutrition [2] A43281 Introduction to Food Sciences [2] A43382 Medicated Diet and Health [2] A43193 Global Dietary Transition and Nutrition-Discussion and Practice [2] A43194 Nutrition and Sustainable Healthy Community [2] A43165 Literature Search and Application [2] A43195 Medical English Presentation Skills [2]	A43366 Independent Study(I) [1]2nd A43269 Applications of Statistical Software Packages [2] A43376 Clinical Nutrition [2] A43386 Medical Chart Reading [2] A43190 Community Nutrition in Action [2] A43196 Food Processing (Including Lab.) [3] A43197 School Lunch in Action [2]	A43372 Independent Study(II) [1]1st A43462 Practice of Community Nutrition [1]1st A43463 Practice of Food Management [2]1st A43464 Practice of Clinical Nutrition [3]1st A43487 Advanced Study of Nutrition [2] A43484 Advanced Study of Therapeutic Nutrition [2] A43392 Sports Nutrition [2] A43489 Nutrition and Weight Management [2] A43191 Pharmacy and Nutrition(I) [2]1st A43192 Pharmacy and Nutrition(II) [2]2nd

GE liberal arts education	GE liberal arts education: elective, 10 credits from “Humanities and Arts”, “Nature and Technology”, “Social Science”			
Cross-domain electives	Up to 8 credits earned from courses, whether required or elective, offered by other departments/programs at I-Shou University or its partner universities will be recognized by the Department as credits from electives.			
Credits required for graduation from the Department	132 Credits			
Note	1.Students are required to meet the requirements set by the Department for “English Proficiency,” in addition to earning the required number of credits to be eligible for graduation. 2.Before graduation, students are required to take at least one required cornerstone course offered by another college. The credits earned from such courses may be recognized as part of the credits under the category of Liberal Arts Education, but only a maximum of four credits will be recognized accordingly. (For more details about required cornerstone course offered by different colleges, please refer to the announcement on the website of the Curriculum Section.)			

